

MARK L. RUFFALO, L.C.S.W.  
*Curriculum Vitae*

CONTACT INFORMATION

10335 Cross Creek Boulevard, Suite 15  
Tampa, FL 33647  
(727) 266-0270 (phone)  
[mlruffalo@gmail.com](mailto:mlruffalo@gmail.com) (email)

PERSONAL

*Place of Birth:* Ridgewood, NJ  
*Citizenship:* United States of America

CURRENT PROFESSIONAL ACTIVITIES

- ❖ Psychotherapist in private practice, Tampa, FL
- ❖ Instructor of Medical Education (Psychiatry), University of Central Florida
- ❖ Adjunct Instructor of Social Work, University of South Florida
- ❖ Voluntary Associate Professor of Psychiatry, Centerstone
- ❖ Staff Psychotherapist, Psychiatric Emergency Services, Brandon Regional Hospital
- ❖ Florida Area Rep., American Association for Psychoanalysis in Clinical Social Work
- ❖ Contributor to the websites of *Psychology Today* and *Psychiatric Times*

EDUCATION

*Undergraduate*

Bachelor of Science (B.S.), Psychology, *summa cum laude*, 2010  
University of Pittsburgh, Pittsburgh, PA

*Graduate*

Master of Social Work (M.S.W.), Certificate in Mental Health, 2012  
University of Pittsburgh, Pittsburgh, PA

*Coursework in psychotherapy theory and practice, abnormal psychology, psychopharmacology, experimental and evaluative research, and legal issues in social work practice*

Doctor of Psychoanalytic Studies (D.Psa.), 2019 (anticipated)

Parkmore Institute, Johannesburg, South Africa

*Training conducted under the supervision of Jerry Piven (Ph.D., Syracuse) and Barnaby Barratt (Ph.D., Harvard) with doctoral project completed on the conceptualization of schizophrenia*

*Postgraduate training*

Distance Learning Program, Chicago Institute for Psychoanalysis, Chicago, IL, 2015

INTERNSHIP

Western Psychiatric Institute and Clinic of the University of Pittsburgh Medical Center  
Comprehensive Recovery Services Inpatient Unit, Pittsburgh, PA (2011-2012)

*Participated as a member of the treatment team on an acute inpatient unit for the psychotic disorders and severe mental illness under the supervision of chief psychiatric social worker*

Mercy Behavioral Health, Pittsburgh Mercy Health System, Pittsburgh, PA (2010-2011)

*Provided individual and group psychotherapy to individuals diagnosed with mental illness and a co-occurring substance abuse disorder under the supervision of licensed social worker*

## EMPLOYMENT

Psychoanalytic psychotherapist in private practice

Tampa, FL (2015-present), New Bern, NC (2013-2015), and Pittsburgh, PA (2012-2013)

*Provide individual psychotherapy to individuals presenting with a variety of conditions*

Psychiatric Intake Specialist (Staff Psychotherapist, Psychiatric Emergency Services)

Brandon Regional Hospital, Behavioral Health Unit, Brandon, FL (2016-present)

*Complete clinical assessments of patients in the psychiatric and general emergency rooms to determine appropriate disposition and coordinate the pre-admission process for transfer to behavioral health unit*

Therapist (MSW-II) (Staff Psychotherapist)

Horizon Health at CarolinaEast Medical Center, Crossroads Mental Health

New Bern, NC (2014-2015)

*Participated as a member of the treatment team on a general adult inpatient psychiatry unit, completed psychosocial assessments, assisted in discharge planning, and provided individual and group psychotherapy*

Psychiatric Specialty Counselor (Psychotherapist)

Western Psychiatric Institute and Clinic of the University of Pittsburgh Medical Center

Transitional and Comprehensive Recovery Units, Pittsburgh, PA (2012-2013)

*Participated as a member of the treatment team on an extended inpatient unit for patients diagnosed with severe mental illness, provided individual psychotherapy, and assisted in community reintegration activities*

## ACADEMIC APPOINTMENTS

Instructor of Medical Education (Psychiatry)

University of Central Florida College of Medicine, Orlando, FL (2018-present)

Adjunct Instructor of Social Work (2016-present)

Affiliate Assistant Professor of Psychiatry (2015-2018)

University of South Florida, Tampa, FL

Voluntary Associate Professor of Psychiatry

Centerstone/Lake Erie College of Osteopathic Medicine, Bradenton, FL (2015-present)

## LICENSURE

Licensed Clinical Social Worker (LCSW), State of Florida (2015-present), #SW12857

Licensed Clinical Social Worker (LCSW), State of North Carolina (2015-2017), #C009504

Licensed Clinical Social Worker Associate (LCSWA), State of North Carolina (2013-2015)

Licensed Social Worker (LSW), Commonwealth of Pennsylvania (2012-2015), #SW129603

National Provider Identifier: 1104160241

## MEMBERSHIPS

- ❖ National Association of Social Workers (2013-present)
- ❖ Academy of Certified Social Workers (2015-present)

## MEMBERSHIPS (CONTINUED)

- ❖ American Association for Psychoanalysis in Clinical Social Work (2013-present), Florida Area Representative and Membership Liaison (2018-present)
- ❖ Academy for the Psychoanalytic Arts (2014-present), Membership Chair (2015-2016)
- ❖ Psychotherapist Associate, American Psychoanalytic Association (2018-present)
- ❖ Tampa Bay Psychoanalytic Society (2018-present)
- ❖ The National Society of Collegiate Scholars
- ❖ Psi Chi, the National Honor Society in Psychology
- ❖ Sigma Alpha Lambda, National Leadership and Honors Organization

## COURSES TAUGHT

*University of South Florida School of Social Work, Master of Social Work Program*

Foundations of Human Behavior (Fall 2016)

Psychopathology (Spring 2017, Spring 2018, Summer 2018, Spring 2019)

Introduction to Psychopharmacology in Social Work Practice (self-developed course) (Fall 2017, Fall 2018, Spring 2019, Fall 2019)

*Centerstone Hospital Psychiatry Residency Training Program*

The History of Psychiatry (Fall 2015, Fall 2016, Fall 2017, Fall 2018)

Models of the Mind and Assessment for Psychodynamic Psychotherapy (Fall 2017, Fall 2018)

*University of South Florida Department of Psychiatry, Psychotherapy Seminar Series*

The History of Psychiatry (Fall 2015, Spring 2017, Spring 2018)

Models of the Mind and Assessment for Psychodynamic Psychotherapy (Fall 2015, Fall 2016, Fall 2017)

## DEPARTMENT SERVICE

Chair, Affiliate Faculty Appointments, Promotion, and Tenure Committee

University of South Florida Department of Psychiatry (2016-2018)

## GUEST LECTURES

Guest lecture to Associate Degree in Nursing (ADN) students on psychiatry and psychotherapy, Triviss Technical College, Lakeland, FL. Fall 2016, Spring 2017, and Fall 2017.

“Psychiatry, DSM-5, and Medicalization,” Medical Sociology, Professor Mike-Frank Epitropoulos, University of Pittsburgh, Pittsburgh, PA. November 9, 2015, and April 9, 2018.

## TEACHING ASSISTANTSHIPS

Cognitive Psychology, Professor Timothy Nokes, University of Pittsburgh (Spring 2010)

Abnormal Psychology, Professor Jeffrey Cohn, University of Pittsburgh (Fall 2009)

Introduction to Social Psychology, Prof. Janet Schofield, University of Pittsburgh (Fall 2008)

## HONORS AND AWARDS

- ❖ *Marquis Who's Who in America* (2017-2019)
- ❖ Nomination, Thomas S. Szasz Award for Outstanding Contributions to the Cause of Civil Liberties, Center for Independent Thought (2018)

## HONORS AND AWARDS (CONTINUED)

- ❖ University of Pittsburgh Dean's Star (Spring 2007, Spring 2008)
- ❖ University of Pittsburgh Dean's Honor List (2007-2010)
- ❖ Wilma Binder Zeder Scholarship for academic excellence (2009-2010)
- ❖ Woodmen of the World Life Insurance Society Award (2006)
- ❖ Honorary member, Sigma Phi Epsilon fraternity, Pennsylvania Gamma chapter
- ❖ The American Legion School Award

## PUBLICATIONS

Ruffalo, M. L. (2019). *Understanding schizophrenia: Towards a unified biological and psychodynamic approach*. Manuscript submitted for publication.

Ruffalo, M. L. (2019, April 6). In defense of biological psychiatry [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201904/in-defense-biological-psychiatry>

Ruffalo, M. L. (2019, April 6). Masochistic personality disorder: Time to include in DSM? [Blog post]. Retrieved from <https://blogs.psychcentral.com/medicalization/2019/04/masochistic-personality-disorder-time-to-include-in-dsm/>

Ruffalo, M. L. (2019, March 23). Masochistic personality disorder: Time to include in DSM? [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201903/masochistic-personality-disorder-time-include-in-dsm>

Ruffalo, M. L. (2019, March 9). Remembering the Western Psych shooting: A need for reform [Blog post]. Retrieved from <https://www.psychologytoday.com/gb/blog/freud-fluoxetine/201903/remembering-the-western-psych-shooting-need-reform>

Ruffalo, M. L. (2019, January 12). A patient reflects on a bygone era of American psychiatry [Blog post]. Retrieved from <https://blogs.psychcentral.com/medicalization/2019/01/a-patient-reflects-on-a-bygone-era-of-american-psychiatry/>

Ruffalo, M. L. (2019, January 1). A patient reflects on a bygone era of American psychiatry [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201901/patient-reflects-bygone-era-american-psychiatry>

Ruffalo, M. L. (2018, November 27). Neurodiversity: A dangerous extension of a discredited philosophy [Blog post]. Retrieved from <http://www.psychotherapy.net/blog/title/neurodiversity-a-dangerous-extension-of-a-discredited-philosophy>

Ruffalo, M. L. (2018, November 3). A brief history of electroconvulsive therapy [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201811/brief-history-electroconvulsive-therapy>

PUBLICATIONS (CONTINUED)

Ruffalo, M. L., & Frances, A. J. (2018, October 29). Mental illness and mass murder [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201810/mental-illness-and-mass-murder>

Ruffalo, M. L. (2018, October 18). Can psychotherapy help for schizophrenia? [Blog post]. Retrieved from <https://blogs.psychcentral.com/medicalization/2018/10/can-psychotherapy-help-for-schizophrenia/>

Ruffalo, M. L. (2018, October 4). Can psychotherapy help for schizophrenia? [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201810/can-psychotherapy-help-schizophrenia>

Ruffalo, M. L. (2018, September 17). Reorienting the discourse on narcissism [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201809/reorienting-the-discourse-narcissism>

Ruffalo, M. L. (2018, September 1). Finding sanity: John Cade and the discovery of lithium [Review of the book *Finding sanity: John Cade, lithium, and the taming of bipolar disorder*, by G. De Moore & A. Westmore]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201808/finding-sanity-john-cade-and-the-discovery-lithium>

Ruffalo, M. L., & Pies, R. W. (2018, August 19). The reality of mental illness: Responding to the criticisms of antipsychiatry [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201808/the-reality-mental-illness>

Ruffalo, M. L. (2018, August 11). On the popular ridicule of narcissism [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201808/the-popular-ridicule-narcissism>

Ruffalo, M. L. (2018, August 11). The wisdom of Silvano Arieti, pioneer in schizophrenia [Blog post]. Retrieved from <https://blogs.psychcentral.com/medicalization/2018/08/the-wisdom-of-silvano-arieti-pioneer-in-schizophrenia/>

Ruffalo, M. L. (2018, August 1). The wisdom of Silvano Arieti, pioneer in schizophrenia [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201808/the-wisdom-silvano-arieti-pioneer-in-schizophrenia>

Frances, A. J., & Ruffalo, M. L. (2018, July). Mental illness, civil liberty, and common sense. *Psychiatric Times*, pp. 14A-14C.

Ruffalo, M. L. (2018, July 28). The problem with the neurodiversity paradigm [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201807/the-problem-neurodiversity>

PUBLICATIONS (CONTINUED)

Ruffalo, M. L. (2018, July 13). The American mental asylum: A remnant of history [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201807/the-american-mental-asylum-remnant-history>

Ruffalo, M. L. (2018, July 11). Mental illness as metaphor: A logical fallacy [Blog post]. Retrieved from <https://blogs.psychcentral.com/medicalization/2018/07/mental-illness-as-metaphor-a-logical-fallacy/>

Ruffalo, M. L. (2018, July 4). Mental illness as metaphor: A logical fallacy [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201807/mental-illness-metaphor-logical-fallacy>

Ruffalo, M. L. (2018, June 27). Psychotherapy and psychiatry: A strained relationship [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201806/psychotherapy-and-psychiatry-strained-relationship>

Ruffalo, M. L. (2018, June 19). Remembering Ronald R. Fieve, M.D. [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201806/remembering-ronald-r-fieve-md-1930-2018>

Ruffalo, M. L. (2018, June 14). Revisiting Szasz: Myth, metaphor, and misconception [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201806/revisiting-szasz-myth-metaphor-and-misconception>

Ruffalo, M. L. (2018, June 12). Conversion disorder: Its history and implications [Blog post]. Retrieved from <https://www.psychologytoday.com/us/blog/mental-illness-metaphor/201806/conversion-disorder-its-history-and-implications>

Ruffalo, M. L. (2018, May 19). The hidden language of conversion disorder [Blog post]. Retrieved from <https://blogs.psychcentral.com/medicalization/2018/05/the-hidden-language-of-conversion-disorder/>

Frances, A. J., & Ruffalo, M. L. (2018). Mental illness, civil liberty, and common sense. *Psychiatric Times*. Retrieved from <http://www.psychiatristimes.com/couch-crisis/mental-illness-civil-liberty-and-common-sense>

Ruffalo, M. L. (2018, March 28). Nonsexual boundary violations in psychotherapy: A primer [Blog post]. Retrieved from <https://blogs.psychcentral.com/medicalization/2018/03/nonsexual-boundary-violations-in-psychotherapy-a-primer/>

Ruffalo, M. L. (2018, March 7). Jays and sparrows: The limitations of psychiatric diagnosis [Blog post]. Retrieved from <https://blogs.psychcentral.com/medicalization/2018/03/jays-and-sparrows-the-limitations-of-psychiatric-diagnosis/>

PUBLICATIONS (CONTINUED)

Ruffalo, M. L. (2018). The psychoanalytic tradition in American psychiatry: The basics. *Psychiatric Times*. Retrieved from <http://www.psychiatrictimes.com/history-psychiatry/psychoanalytic-tradition-american-psychiatry-basics>

Ruffalo, M. L. (2018, January 18). Creeping schizophrenia and the psychiatrization of political dissent [Blog post]. Retrieved from <https://blogs.psychcentral.com/medicalization/2018/01/creeping-schizophrenia-and-the-psychiatrization-of-political-dissent/>

Ruffalo, M. L. (2018, January 13). Trump, narcissism, and responsibility [Blog post]. Retrieved from <https://blogs.psychcentral.com/medicalization/2018/01/trump-narcissism-and-responsibility/>

Ruffalo, M. L. (2017). The meaning of mental illness. *International Journal of Existential Psychology and Psychotherapy*, 7(1).

Ruffalo, M. L. (2017, December 10). The problem with manualized psychotherapy [Blog post]. Retrieved from <https://blogs.psychcentral.com/medicalization/2017/12/the-problem-with-manualized-psychotherapy/>

Ruffalo, M. L. (2017, December 8). Reexamining schizophrenia as a brain disease [Blog post]. Retrieved from <https://www.madinamerica.com/2017/12/reexamining-schizophrenia-brain-disease/>

Ruffalo, M. L. (2017, November 9). The hypocrisy of antipsychiatry [Blog post]. Retrieved from <https://www.psychologytoday.com/blog/mental-illness-metaphor/201711/the-hypocrisy-antipsychiatry>

Ruffalo, M. L. (2017, November 6). Mad to be normal: A review of the new R.D. Laing biopic [Review of the film *Mad to be Normal*, by R. Mullan]. Retrieved from <https://www.psychologytoday.com/blog/mental-illness-metaphor/201711/mad-be-normal-review-the-new-rd-laing-biopic>

Ruffalo, M. L. (2017, November 2). Tranquilizing humanity into oblivion: A warning from Nathan S. Kline [Blog post]. Retrieved from <https://www.madinamerica.com/2017/11/tranquilizing-humanity-nathan-kline/>

Ruffalo, M. L. (2017, November 1). Tranquilizing humanity into oblivion: A warning from the pioneering psychopharmacologist Nathan S. Kline [Blog post]. Retrieved from <https://www.psychologytoday.com/blog/mental-illness-metaphor/201711/tranquilizing-humanity-oblivion>

Ruffalo, M. L. (2017). A brief history of lithium treatment in psychiatry. *The Primary Care Companion for Central Nervous System Disorders*, 19(5), ii. doi: 10.4088/PCC.17br02140

PUBLICATIONS (CONTINUED)

Ruffalo, M. L. (2017, September 12). Predicting the unpredictable: Hurricane Irma media coverage [Blog post]. Retrieved from <https://www.psychologytoday.com/blog/mental-illness-metaphor/201709/predicting-the-unpredictable-hurricane-irma-media-coverage>

Ruffalo, M. L. (2017, September 2). Power, paternalism, and psychiatry [Blog post]. Retrieved from <https://www.psychologytoday.com/blog/mental-illness-metaphor/201709/power-paternalism-and-psychiatry>

Ruffalo, M. L. (2017, August 11). Diluting the gold of analysis [Blog post]. Retrieved from <https://www.psychologytoday.com/blog/mental-illness-metaphor/201708/diluting-the-gold-analysis>

Ruffalo, M. L. (2017, July 27). The political uses of psychiatric labels [Blog post]. Retrieved from <https://www.psychologytoday.com/blog/mental-illness-metaphor/201707/the-political-uses-psychiatric-labels>

Ruffalo, M. L. (2017, July 25). The hubris of neuroscience: Scientism and the neuroscience fad [Blog post]. Retrieved from <https://www.psychologytoday.com/blog/mental-illness-metaphor/201707/the-hubris-neuroscience>

Ruffalo, M. L. (2017, July 21). Psychoanalysis and psychiatry: Autonomy vs. heteronomy [Blog post]. Retrieved from <https://www.psychologytoday.com/blog/mental-illness-metaphor/201707/psychoanalysis-and-psychiatry-autonomy-vs-heteronomy>

Ruffalo, M. L. (2016). The social worker, psychotropic medication, and right to refuse. *Social Work, 61*(3), 271-272. doi:10.1093/sw/sww027

Ruffalo, M. L. (2016). *Behavioral Health Unit: A guide to wellness and treatment*. Brandon, FL: Brandon Regional Hospital.

Ruffalo, M. L. (2015, September). NASW must put liberty of citizens, members first [Letter to the editor]. *NASW News, 60*(8), 3.

Ruffalo, M. L. (2015, Spring). On the psychoanalytic approach to schizophrenia. *Newsletter of the American Association for Psychoanalysis in Clinical Social Work, 3-5*, 20-21.

Ruffalo, M. L., Norris, J., Slough, K., Fishel, D., & England, R. (2015). *Crossroads Mental Health: A guide to wellness and treatment*. New Bern, NC: CarolinaEast Health System.

Ruffalo, M. L. (2014, Spring/Summer). Reply to David Phillips. *Newsletter of the American Association for Psychoanalysis in Clinical Social Work, 7-8*.

Ruffalo, M. L. (2013, Fall). Self-responsibility and contractual psychoanalysis. *Newsletter of the American Association for Psychoanalysis in Clinical Social Work, 17-18*.



## PRESENTATIONS

“Basics of Psychopharmacology for Nonprescribers,” Brandon Regional Hospital, Continuing Education Workshop, Brandon, FL. December 18, 2018.

“Basics of Psychopharmacology for the Clinical Social Worker,” National Association of Social Workers—Florida Chapter, Heartland Unit, Continuing Education Workshop, Lakeland, FL. March 22, 2018.

“The Social Worker, Psychotropic Medication, and Right to Refuse,” National Association of Social Workers—Wisconsin Chapter, Winter Webinar Presentation. February 17, 2017.

“Psychoanalytic Theories of Schizophrenia: A Case Study Review,” University of North Carolina Department of Psychiatry, Psychotherapy Case Conference Presentation, North Carolina Neurosciences Hospital, Chapel Hill, NC. November 17, 2014.

“Medicalization and Social Constructionism in Psychiatry,” with Emil Ivanov, M.D., and Nick Williams, Ph.D., Comprehensive Recovery Services Inpatient Journal Club, Western Psychiatric Institute and Clinic of UPMC, Pittsburgh, PA. February 1, 2013.

“Positive and Negative Syndrome Scale (PANSS),” Transitional and Comprehensive Recovery Units, Western Psychiatric Institute and Clinic of UPMC, Pittsburgh, PA. October 17, 2012.

## MISCELLANEOUS

- ❖ Contributor to the websites of *Psychiatric Times* (2018-present), *Psychology Today* (2017-present), *Psych Central* (2017-present), and *Mad in America* (2017)
- ❖ Interviewed on the Dennis Vespi Show on American Political Radio on the topic of narcissistic personality disorder, March 31, 2019.
- ❖ Featured in the *Newsletter of the American Association for Psychoanalysis in Clinical Social Work* for the article “The Reality of Mental Illness” on *Psychology Today*, with Ronald W. Pies, M.D., 2018.
- ❖ Quoted in the article “How to Live with a Narcissist: Understanding Narcissistic Personality Disorder” in the online U.K. publication *NetDoctor*, 2018.
- ❖ Invited presenter, “Involuntary Commitment Process,” with Keith Letchworth, M.Ed., Crisis Intervention Team training, Havelock Police Department, Havelock, NC. 2015.
- ❖ Featured in *Horizon E-Connections Newsletter* for schizophrenia work, December 2014.
- ❖ Qualified as an expert witness in psychotherapy and psychiatric diagnosis, North Carolina District Court, 2013.
- ❖ Featured in television news report on gambling addiction, WCTI-TV, December 5, 2013.
- ❖ Nominated by psychiatrist colleague for New Employee of the Year, Western Psychiatric Institute and Clinic of UPMC, 2013.
- ❖ Selected by the University of Pittsburgh Department of Psychiatry Research Day Committee to present original research at the Department’s annual Research Day, 2013.

## INTERESTS

Psychoanalytic theory and psychotherapy; the conceptualization of mental illness; the history of psychiatry, particularly mid-twentieth century American psychiatry; the classification of mental disorder; psychiatric ethics; and the broader social context of psychiatry and psychotherapy.

## SOCIAL WORK INTERNS SUPERVISED (UNIVERSITY OF SOUTH FLORIDA)

Danielle Delaine, M.S.W. Student, Brandon Regional Hospital (2018-2019)

## RESIDENTS SUPERVISED (UNIVERSITY OF SOUTH FLORIDA)

Michael Manasterski, M.D., PGY-2, Psychotherapy Supervision (2017-2018)

Steven Gunther, M.D., PGY-2, Psychotherapy Supervision (2016-2017)

Ankita Patel, M.D., PGY-2, Psychotherapy Supervision (2015-2016)

## REFERENCES

Adrianus J. de Ruijter, M.D.

Medical Director, Behavioral Health Unit, Brandon Regional Hospital

Psychiatrist, Brandon Psychiatry Associates

(813) 685-0500 (office)

Charles D. Godwin, M.D.

Medical Director, Crossroads Mental Health, CarolinaEast Medical Center

Psychiatrist and Owner, Eastern Carolina Psychiatric Services

(252) 637-7300 (office)

Christina E. Newhill, M.S.W., Ph.D., L.C.S.W.

Professor of Social Work and Clinical and Translational Science, University of Pittsburgh

(412) 624-6330 [newhill@pitt.edu](mailto:newhill@pitt.edu)